

Troop 150

BACKPACKING EQUIPMENT LIST

Packing

- **Pack with Padded Hip Belt.**
- **Waterproof Pack Cover – Nylon.**
- **6 – 10 1-Gallon Zip Lock Plastic Bags for Packing Clothes.**

Sleeping Gear

- **Sleeping Bag in Stuff Sack Lined with Plastic Bag.**
- **Sleeping Pad. (Closed Cell / Therma-Rest.)**
- **Sleeping Clothes – Worn Only in Sleeping Bag. (Long Johns or T-shirt and Shorts.)**

Clothing

Layer A (Hiking Clothes)

- **Hiking Boots – Well Broken in.**
- **1 Pair of “In-Camp” Tennis Shoes.**
- **3 Pairs of Hiking Socks and Inner Liners.**
- **2 Pairs of Undershorts.**
- **2 Pairs of Hiking Shorts.**
- **1 Long Sleeve Silk Shirt.**
- **2 Polyester “Coolmax” Short Sleeve Shirts. (Duofold Type is Excellent.)**
- **1 Baseball Type Hat With Brim.**

Layer B (Cool Evening)

- **1 Long Sleeve Shirt. (Wool or Flannel.)**
- **1 Pair of Long Pants. (Polar Fleece or Poly Pro, Not Jeans.)**
- **1 Pair of Insulated Underwear. (Polypro.)**

Layer C (Cold)

- **1 Jacket (Polar Fleece.)**
- **1 Stocking Cap (Wool or Polar Fleece.)**
- **1 Pair of Light Gloves or Mittens.**

Layer D (Cold, Wet, Windy.)

- **1 Rain Suit.**

Personal and Miscellaneous Gear

- **2 Ditty Bags. (One for Smellables and One for Non-Smellables.)**
- **Foot First Aid Kit and Small Pack of Band Aids.**
- **2 - 1 quart Nalgene Water Bottles.**
- **Small Plastic Shovel.**
- **Small Flashlight. (With Extra Batteries and Bulb.)**
- **Small Pocket Knife.**
- **Matches or Lighter in Waterproof Case. (BB)**
- **Compass – Liquid Filled.**
- **1 Bandana.**
- **Money. (\$20.00) (BB)**
- **Chap Stick. (BB)**
- **Soap / Camp Suds. (BB,S)**
- **Toothbrush and Paste. (BB)**
- **Sunscreen at Least 20 SPF. (BB, S)**
- **Insect Repellent. (BB, S)**
- **Sunglasses. (Inexpensive)**
- **Camper Seat or Stool.**
- **1 Backpack Type Towel.**
- **1 Roll Unscented Toilet Paper.**
- **25' of Light Nylon Cord.**

Optional

- **Hydration System. (Recommended)**
- **Umbrella. (Recommended)**
- **Camera and Film. (BB)**
- **Whistle.**
- **Watch. (inexpensive.)**

(S) Shared With a Buddy.

(BB) Packed Together in Plastic Bag and Placed in Bear Bag at Night.